

# Gluten Free Menu



## MAINS

Rivers' 'Signature' Berry Gluten Free Crepes 25

*A mix of raspberries, blackberries and blueberries in a warm, natural syrup with cream + vanilla ice cream. De-licious!*

Bacon + Free Range Eggs 16.5

*Cooked to your liking, served on gluten free toast.*

Open Baked Omelete 28.5

*Seasonal roast vegetables and baby spinach, topped with semi-dried tomatoes, basil pesto + fetta. Served with a slice of gluten free toast. (V)*

Chili Scramble 26.5

*Folded eggs with chili, fetta and tasty cheese. Served with gluten free toast. (V)*

Our Iconic Posh Cheese on Toast 28.5

*Chargrilled avocado and soft poached free range egg served over posh grilled cheese on gluten free toast with rocket, tomato + capsicum relish. (V)*

Fruit Loaf 12.5

*This delicious loaf is toasted and served with Rivers' Williamette Raspberry Jam.*

Toasted Banana + Pecan Bread 12.5

*Our delicious banana bread is lightly toasted and served with a side butter + maple syrup.*

Smashed Avo 28.5

*Our smashed avo is served with wild rocket, Danish fetta + toasted pepitas on gluten free toast with basil pesto. It is topped with a soft poached free range egg + drizzled with lemon infused olive oil.*

**(V, DFO, VOA)**

Chicken BLAT Burger 29.5

*Grilled marinated chicken, bacon, lettuce, avocado + tomato, with our homemade special burger sauce. Served with chunky cut chips. (VO, VOA)*

House Baked Quiche 28.5

*Our delicious gluten free quiches are baked using seasonal and kitchen garden produce. Served with side salad + Rivers' chutney. Please ask our lovely staff for our available options. (VO)*

Mixed Gourmet Mushrooms 30

*Panfried king, swiss, enoki and button mushrooms served over our homemade rosti, topped with a poached egg + parmesan truffle crisps. (V, DFO, VOA)*

Caesar Salad 28.5

*Crispy cos lettuce, shaved parmesan + bacon, tossed in a caesar style dressing, topped with a soft poached egg. Add chicken \$5, add salmon \$6.*

Chicken Burrito bowl 29.5

*Chipotle pulled chicken, Mexican style charred corn, black beans, brown rice, heirloom tomatoes, avocado and corn chips. (MDF)*

Eggs Florentine 32

*Served on gluten free bread with sauteed spinach, smoked salmon + two soft poached eggs, topped with a hollandaise sauce.*

## GOURMET TOASTIES

Made on gluten free bread and served with side chunky chips 28.5

~ Slow cooked 'Greek style' pulled lamb, red onion, tomato, cos lettuce, marinated goats cheese, garlic + mint.

~ Chicken, mayo, avocado, rocket + cheese.

~ Grilled mushroom, avocado, swiss cheese, caramelised onion + spinach. (DFO, VOA)

## SIDES

Gluten Free Chunky Cut Chips 12.5

*Served with side garlic aioli. (VOA)*

## BAKERY

'Free' Chocolate Brownie 12.5

*Our gooey chocolate brownie is free from nuts, gluten + dairy making it a dietary crowd pleaser! Better still, it's moist and delicious! Served with fresh raspberry coulis + coconut ice-cream. (Vegan)*

Flourless Orange Cake 14.5

*This moist orange cake is served slightly warmed with cream. Note - it contains almonds. (DFO)*

Healthy Carrot Cake 14

*This individual carrot cake is served slightly warm with a vegan frosting and served with vanilla and coconut yoghurt + maple walnuts. (Vegan)*

